

# SUMMERHILL INTERNATIONAL SCHOOL DEHRA DUN

## ACADEMIC PLANNER (2024-25)

CLASS:NURSERY

The early childhood education has been recognized as the most important phase in our child's life due to rapid pace of development taking place at this stage of life.

A qualitatively rich environment is therefore most essential in these years to optimize a child's overall balanced development and help him/her to realize the full potential. Keeping this in view, we aim to make the preschool stage wholly and comprehensively child-oriented, which is different from the traditional approach.

We have endeavored to use the immediate environment and the environmental assets to enable the child to associate what was unknown to him with the known and make the new things a part of his life.

We have broadly devised an Annual Programme and some of the suggested activities to help your child achieve the learning objectives set up for the Class Nursery. For exact details, you may refer to the Monthly Plan which will be uploaded to the class Whatsapp group monthly.



**I . LANGUAGE SKILLS-** The main goal of the language curriculum is to enable the child to communicate with others.

**ENGLISH LANGUAGE DEVELOPMENT -**

Here is a list of different activities that we have devised to enhance the following abilities:

<p><b>A. LISTENING</b></p> <ul style="list-style-type: none"> <li>• Stories</li> <li>• Songs and Rhymes</li> <li>• Sounds in the environment</li> <li>• Commands</li> <li>• Play</li> <li>• Riddles and Puzzles</li> <li>• Let's Talk</li> <li>• Introduction Game</li> <li>• Classroom visitors etc.</li> </ul>	<p><b>B. SPEAKING</b></p> <ul style="list-style-type: none"> <li>• News</li> <li>• Class discussions</li> <li>• Assembly presentations</li> <li>• Songs and Rhymes</li> <li>• Play</li> <li>• Simple Gestures and Greetings</li> <li>• Other activities listed in listening etc.</li> </ul>	<p><b>C. READING</b></p> <ul style="list-style-type: none"> <li>• Picture stories</li> <li>• Sorting</li> <li>• Matching</li> <li>• Pairing</li> <li>• What is wrong..?</li> <li>• Letter Recognition (A-Z)</li> <li>• Developing Associations</li> <li>• Sight Reading etc.</li> </ul>	<p><b>D. PRE-WRITING AND WRITING</b></p> <ul style="list-style-type: none"> <li>• Tracing</li> <li>• Beading</li> <li>• Lacing</li> <li>• Clay</li> <li>• Colouring</li> <li>• Scribbling</li> <li>• Join the dots</li> <li>• Making Patterns in air</li> <li>• Writing with crayons</li> <li>• Writing with pencil etc.</li> <li>• Recognition and writing (A-Z)</li> <li>• Infers initial sound in words</li> </ul>
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**HINDI LANGUAGE DEVELOPMENT -**

At this level, we will give recognition of Hindi letters through sight reading of pictures and their corresponding word labels.

**LEARNING OUTCOMES OF LANGUAGE DEVELOPMENT:-**

- It will help in developing the competence of children to understand what they hear
- It will develop children's creativity.
- Students will be able to share their ideas effectively.
- It will lay the foundation for reading and writing skills in children.



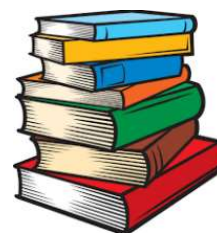
## II. COGNITIVE SKILLS-

Cognitive development refers to all the processes that take place in the child's brain. Children are provided a wide range of opportunities to practice thinking, problem-solving, classifying, imagining, experimenting, etc. every day.

A. Basic Concepts	B. Number Concepts	C. Environmental Concepts	D. Thinking Skills
<ul style="list-style-type: none"><li>• Simple comparisons</li><li>• Shape Race</li><li>• Shape Hunt</li><li>• Shape Walk</li><li>• Shape Day</li><li>• Walk on a shape</li><li>• Copying geometric shapes</li><li>• Jumping into the shape<ul style="list-style-type: none"><li>• Colour Race</li><li>• Colour Hunt</li><li>• Colour Day</li></ul></li><li>• Dominoes (Colour and Shape)<ul style="list-style-type: none"><li>• Sorting</li><li>• Matching</li></ul></li><li>Pairing<ul style="list-style-type: none"><li>• Seriation</li></ul></li><li>Classification etc.</li></ul>	<ul style="list-style-type: none"><li>• Number songs</li><li>• Number (1-50) oral</li><li>• Writing (1-20)</li><li>• Number Values (0-10)</li><li>• Count and Write (1-20)</li><li>• Draw corresponding numerals (0-20)</li><li>• Join the dots (0-20) etc.</li></ul>	<ul style="list-style-type: none"><li>• Myself</li><li>• My belongings</li><li>• Senses</li><li>• Water</li><li>• Animals</li><li>• Birds</li><li>• Plant</li><li>• Food</li><li>• Transport</li><li>• Sensory play</li><li>• Things in the sky<ul style="list-style-type: none"><li>• Our Helpers</li><li>• Seasons</li></ul></li></ul>	<ul style="list-style-type: none"><li>• Figurine Play</li><li>• Construction Play</li><li>• Classification</li><li>• Pretend play<ul style="list-style-type: none"><li>• Matching</li><li>• Sorting</li><li>• Seriation</li><li>• Puzzles</li><li>• Clay etc.</li></ul></li></ul>

### LEARNING OUTCOMES OF COGNITIVE DEVELOPMENT:-

- Students will be able to retain the information.
- Students will be able to obtain meaning from the information.
- Students can clearly articulate problems they encounter.
- Students will demonstrate persistence in working through difficult problems.



**III. CREATIVE AND EXPRESSIVE ARTS** - Creative and expressive art includes 'art' such as drawing and painting, music, dance and drama. These activities develop creativity and imagination, encourage self-expression, and develop coordination, enjoyment and appreciation.

**A. Art and Craft**

- Painting
- Print Making
- Tracing
- Moulding
- Tearing and pasting
- Paper Folding
- Group Collages
- Free Hand Drawing
- Theme-based Drawing
- Composition etc.

**B. Music and Dance**

- Songs / Rhymes
- Making up songs
- Listening to recorded music
- Dance
- Rhythm Patterns
- Listening to sounds of musical instruments etc.

**C. Drama and Dramatic Play**

- Dramatizing stories
- Pantomime
- Role Play
- Puppet Show
- Creative Drama

**LEARNING OUTCOMES OF CREATIVE AND EXPRESSIVE ARTS:-**

- Students will be able to articulate their feelings and thoughts.
- Students will be able to experience the inspiration and power of the arts.
- Students will be able to explore real and imaginary situations.
- Students will take pride in their work, which will build confidence.



**IV. PHYSICAL DEVELOPMENT-** The activities so devised will help the child in using different muscles and learning new skills. It will also help the child to learn basic methods of health care and personal hygiene.

The different activities that will enhance the Physical Education (Outdoor Play / Indoor Play) are:

**A. Physical Education**

- Use of permanent play equipment
- Moving and pushing movable material
- Walking on a straight line
- Walking on a zig - zag line
- Walking backward
- Running on toes
- Bending waist down with straight knees •
- Hopping
- Obstacle Race
- Ball Activities
- Movement Games
- Pouring
- Lacing
- Stringing
- Balancing the body on a rope etc.

**B. Hygiene, Health Care and Nutrition**

- Routines
- Field Trips
- Visitors /Guests
- Health Care Discussion
- 'Healthy Food' and 'Unhealthy Food'
- Correct posture
- Medical Check-ups.
- Salad Day
- Fruit Chaat Day
- Potable water and unsafe water
- Hygiene routines etc.

**LEARNING OUTCOME OF PHYSICAL DEVELOPMENT:-**

- Students will be able to set goals.
- Students will develop the power of mutual trust and cooperation.
- Students will develop knowledge of games, sports, and exercise.
- Students will be able to learn leadership and develop teamwork skills.
- It will help in achieving the SDG goal of good health and well-being.

SDG goals like zero hunger, clean water and sanitation, and life on land and under water.



**V. Social and Emotional Growth**-The child needs to be able to get along with others and feel confident. It also includes the child's understanding of family, religion, culture and community

<p><b>A. Parents, Family and Community</b></p> <ul style="list-style-type: none"><li>• Personal Painting and Drawing<ul style="list-style-type: none"><li>• Representing families</li></ul></li><li>• Story Telling</li><li>• Role Play</li><li>• Newsletters</li><li>• Monthly Plans</li><li>• Parent volunteers.</li><li>• Parents visit etc.</li></ul>	<p><b>B. Religion, Culture and Nationality</b></p> <ul style="list-style-type: none"><li>• Stories related to festivals and leaders.</li><li>• Proud to be an Indian</li><li>• Collect / Paste pictures related to festivals and leaders</li><li>• Birthday Celebrations etc.</li></ul>	<p><b>C. Independence, Co-operation and Self-Esteem</b></p> <ul style="list-style-type: none"><li>• Name Game</li><li>• Small Group projects</li><li>• Classroom Duties</li><li>• Sharing</li><li>• Waiting for one's turn</li><li>• Praising good efforts</li><li>• Development of a sense of individual identity etc.</li></ul>
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**LEARNING OUTCOMES OF SOCIO AND EMOTIONAL**

**DEVELOPMENT:-**

- Students will learn to work with others to achieve a common goal or solution.
- Students will be able to participate in creating a positive environment for others.
- It will help to encourage optimal brain development.
- It will help children develop competencies that will last a lifetime.
- It will help in inculcating age-old values and pride in our rich Vedic culture.



**VI. EVALUATION-** A child's progress will be measured by the teacher's ongoing observations over the whole year and not on a test. The child's progress will be recorded in three ways:

1. Anecdotal Record.
2. Checklist.
3. Collection of work.

